



## 5th Annual Mid-Winter Conference

Friday, February 15, 2019  
Cook Children's Medical Center  
Hochberger Auditorium  
801 Seventh Avenue  
Fort Worth, TX 76104

Presented by the  
Texas Pediatric Palliative Care Consortium  
In partnership with  
Cook Children's Medical Center  
and  
Project Joy and Hope for Texas



**CookChildren's**

## Please join us to explore interdisciplinary approaches to pediatric palliative care pain management on February 15th in Fort Worth.

This one-day Midwinter seminar designed in case study format is relevant for providers in all disciplines. Presentations will focus on clinical and home-based challenges care providers face in managing difficult symptoms - what worked or did not, and what was learned from each particularly challenging case. An expert panel will provide reflection following both morning and afternoon case presentations, and participants also will be actively involved in follow-up discussions. The conference seeks to provide participants with opportunities to pose questions, engage in discussion, and network with pediatric palliative care experts and providers throughout the country. We invite you to participate, learn, and make connections with PPC providers throughout Texas and beyond.

### Keynote Speaker

#### Kaci Osenga, MD

Medical Director of the Palliative Care program at Cook Children's Medical Center Fort Worth, Texas



Dr. Osenga completed medical school and pediatric residency at University of Wisconsin-Madison. Following residency, she completed a fellowship in pediatric hematology and oncology; and during this time, Kaci affirmed her passion and calling to attend to the suffering and quality of life for children and their families living with serious illness. Board certified in Pediatrics and Hospice and Palliative Medicine, Dr. Osenga served as Associate Medical Director of the Pediatric Pain and Palliative Care Program at Children's Hospitals and Clinics of Minnesota for nine years. In 2016, she joined the Palliative Care Program at Cook Children's Medical Center in Fort Worth. Her research focuses on improved quality of life for children in pediatric palliative care.

### Expert Panel



#### Melody Hellsten, DNP, PPCNP-BC, CHPPN

Associate Director of Hematology-Oncology Palliative Care Program Texas Children's Hospital, Baylor College of Medicine, Houston

Dr. Hellsten received her Doctorate of Nursing Practice at University of Texas Health Science Center Houston and is a Pediatric Nurse Practitioner with board certification in Hospice and Palliative Nursing. Melody's career in caring for children with complex health needs began as a music therapist at a school for children with special health care needs, followed by completing masters in clinical psychology and providing family therapy with children placed in foster care and alternative educational settings. Over the course of her nursing career, Dr. Hellsten has focused on improving pain and symptom management for children with cancer and other life limiting illnesses and has authored curriculum and several chapters on pain and symptom management as well as other topics in pediatric palliative care. She has developed several hospice and palliative care programs in Texas, and is currently focusing her research and quality improvement work on integrating primary palliative care interventions into routine clinical care for children with cancer.



## **Melissa Hunt, PharmD**

Pediatric Clinical Pharmacist  
Optum Hospice Primary Services, Dardenne Prairie, MO

Dr. Melissa Hunt graduated from the St. Louis College of Pharmacy with her Bachelor of Science and Doctorate of Pharmacy degrees and then completed an American Society of Health-Systems Pharmacists (ASHP) accredited pediatric pharmacy practice residency at Children's Hospital in Louisville, KY.

Dr. Hunt worked as a clinical pharmacy specialist in a pediatric intensive care unit prior to joining Optum Hospice Pharmacy Services, where she now serves as the Pediatric Clinical Pharmacist. In her role with Optum, Dr. Hunt serves on pediatric interdisciplinary teams, provides clinical consults on pediatric patients, and presents educational programs for staff and clients. Dr. Hunt co-authored the Pediatric Palliative Care Consultant. She is a member of the National Hospice and Palliative Care Organization (NHPCO) and serves on the Children's Project on Palliative/Hospice Services (ChiPPS) pediatric advisory council. In addition, she is a member of numerous pharmacy organizations including Pediatric Pharmacy Advocacy Group (PPAG).



## **Cinda McDonald, M.Ed., CCLS, GCCA-C**

Manager, Palliative Care Child Life Services  
Baylor Scott & White Health System, Dallas, TX

Cinda is a Certified Child Life Specialist and the Manager of Palliative Care Child Life Services for the Baylor Scott & White Health System. Her team is the first child life team in the country that exclusively serves and supports children of seriously and/or terminally ill or injured adult patients. She has more than 18 years of experience in hospital and home environments, along with advanced knowledge of child and adolescent grief and

bereavement. Cinda earned her master's degree from The University of Texas at Austin in early childhood special education, her undergraduate degree from the University of North Texas in psychology and child development, her child life certification from the Association of Child Life Professionals, and is certified in child and adolescent grief counseling from the American Institute of Healthcare Professionals.

Since joining Baylor Scott & White Health in 2011, Cinda has helped grow the program from one child life specialist to a team of seven. She has also been instrumental in growing awareness of the program, and last year her team in served more than 2,200 children and their families. Cinda is responsible for training and overseeing the child life staff, offering guidance and education to families, and facilitating psychosocial support and therapeutic interventions with children to promote healthy coping, resiliency and understanding. Prior to her work with Baylor Scott & White, she was a child life specialist with Community Hospice of Texas in Dallas. There she provided support to pediatric hospice patients, and their siblings as well as to the children and grandchildren of the adult hospice patients. Cinda has published two chapters in *Child Life Beyond the Hospital* and has numerous accomplishments within the child life field, to date



## **Jason Reynolds, MD**

Associate Medical Director, Palliative Care Program  
Cook Children's Medical Center, Fort Worth

Jason Reynolds, MD obtained his medical degree from The University of Texas Southwestern Medical Center in Dallas, Texas in 2002. After completing a residency in Pediatrics at The Children's Hospital, Denver, Colorado (2002-2005), Dr. Reynolds spent the next year as a Critical Care fellow at The Royal Children's Hospital in Melbourne. Returning to Texas, Dr. Reynolds was appointed Assistant

Professor of Pediatrics at Baylor College of Medicine and practiced at Texas Children's Hospital until 2017. He then pursued his interest in end of life care for children, completing fellowships most recently in Pediatric Palliative Care at St. Jude Children's Research Hospital and in Hospice and Palliative Medicine at the University of Tennessee Health Science Center, Memphis, Tennessee. Dr. Reynolds now has joined the Pediatric Palliative Care Program at Cook Children's Medical Center, where he serves as Associate Medical Director.



## About Texas Pediatric Palliative Care Consortium

Established in 2007, the Texas Pediatric Palliative Care Consortium (TPPCC) is a statewide coalition of interdisciplinary pediatric palliative care providers, advocates, and parent representatives. TPPCC's mission is to optimize the quality of life for children living with life-threatening conditions and their families in Texas, without regard to care setting, family demographics, or financial status.

### Texas Pediatric Palliative Care Consortium goals include:

**Collaboration** - Enhance the caregiving capacity of health care providers for CLWLTC throughout Texas by sharing resources and information on the development and delivery of pediatric palliative care services.

**Advocacy** - Enhance the awareness of health care administrators, state agencies and legislators regarding the need for optimal family-centered pediatric palliative care for CLWLTC in Texas.

**Research** - Optimize the capacity of families and health care providers to care for CLWLTC by increasing the evidence base for family-centered pediatric palliative care through collaborative research.

**Education** - Enhance the capacity for the delivery of optimal family-centered and pediatric palliative care through the education of families and health care providers on practices and principles of family-centered and pediatric palliative care.

**Support Services** – Support the TPPCC Workgroup goals through administrative activities that expand the capacity of the organization.

### Join the Texas Pediatric Palliative Care Consortium today.

Visit our website at [www.texasppcc.org](http://www.texasppcc.org).

*TPPCC is an affiliate of Project Joy and Hope.*

### Register Online

<http://www.texasppcc.org/conferences>

### \$139 Early Bird Rate

Includes seminar, continental breakfast and lunch

*Rate increases to \$159 after January 15, 2019.*

HOTEL: Hilton Garden Inn-Fort Worth Medical Center

912 Northton Street, Fort Worth, TX 76104

1-817-921-0788

Request TPPCC Midwinter Conference

\$149 Room Rate.

Complimentary Parking

For more information:

713-944-6569 or 1-866-JOY-HOPE

## PROGRAM AGENDA

- 7:15 - 7:45 REGISTRATION
- 7:45 - 8:00 WELCOME
- 8:00 - 9:00 Opening Plenary  
Pediatric Palliative Care: The Whole is Greater than the Sum of its Parts  
*Kaci Osenga, MD*
- 9:00 - 9:45 Common Symptom, Uncommon Solution: Managing Pediatric Pain with Methadone  
*Melissa Hunt, PharmD*
- 9:45 - 10:00 BREAK
- 10:00-11:00 The Path: A Tool for Holistic Pain Management  
*Gina Santucci, NP and Kirstin Springmeyer, Mdiv, BCC*  
Integrative Therapies in Community Based Palliative Care  
*Kerri Padgett, Massage Therapist and Tamilyn Little, Music Therapist*
- 11:00-11:45 Expert Panel: Case Study Discussion
- 11:45-12:45 LUNCH
- 12:45 - 1:30 Refractory Suffering: The Compassionate Use of Dexmedetomidine at End of Life  
*Jason Reynolds, MD*
- 1:30 - 2:30 Child Life to the Rescue! A Heroic Story of Remapping Memories through Focused Intervention  
*Patricia K. DeForest, DO and Rebecca Charlton, CLS*  
Walking on Sunshine: Shining a Light on the Journey of Pediatric End of Life Care in Mexico  
*Monika Ruiz, BSN and Julie E. Lindsay, PhD*
- 2:30 - 2:40 BREAK
- 2:40 - 3:40 Peace in the Storm: A Case Study of Picking Up the Pieces  
*Pam Krinock, MA, BCC, Staff Chaplain and Huynh Jackson, LMSW, Mdiv, OSW-C*  
The Role of Spirituality in Pain and Symptom Management in Children at End of Life  
*June Green, LCSW and Joni Carron, Spiritual Counselor*
- 3:40 - 4:25 Expert Panel: Case Study Discussion
- 4:25 - 4:55 Closing Plenary  
Where Do We Go From Here?  
*Kaci Osenga, MD*
- 4:55 - 5:00 Wrap Up, CE Information & Announcements

## Accreditation/Approval Statements

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of Cook Children's Medical Center and Texas Pediatric Palliative Care Consortium (TPPCC). Cook Children's Medical Center is accredited by TMA to provide continuing medical education for physicians.

Cook Children's Medical Center designates this live activity for a maximum of 7.50 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This course has been designated by Cook Children's Medical Center for 7.50 credits of education in medical ethics and/or professional responsibility.

Cook Children's Medical Center is an approved provider of continuing nursing education by the Texas Nurses Association - Approver, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation. This activity awards 7.50 contact hours. You must attend the activity in its entirety and complete and return the evaluation tool.

This program is Approved by the Texas Psychological Association (Approval #2015-07) for 7.0 professional development hours. This program has been designated by Cook Children's Medical Center for 7.0 hours of ethics credit.

Cook Children's Medical Center is approved as a provider of continuing education for Licensed Professional Counselors by the LPC Board of Examiners for the State of Texas (Provider #1022) and Licensed Marriage and Family Therapists by the LMFT Board of Examiners for the State of Texas (Provider #385). These approvals meet the criteria for mandatory continuing education requirements towards relicensure as established by the individual Boards of Examiners for the State of Texas. Cook Children's Medical Center designates this activity for a maximum of 7.5 contact hours (0.75 CEUs) and 7.50 hours of professional ethics.

Cook Children's Medical Center is approved as a provider of continuing education for Social Workers by the Texas Board of Social Work Examiners (Provider #5164). This activity is designated for a maximum of 7.5 Social Worker contact hours and 7.5 hours of professional ethics and social work values.

## Overall Course Objectives

- Identify challenges across care settings in pediatric palliative care pain and symptom management.
- Recognize ethical dilemmas and professional responsibility in pediatric pain and symptom management.
- Describe interdisciplinary approaches to pain and symptom management.
- Illustrate the value of interdisciplinary palliative care teamwork in improving outcomes for patients and their families.